

At *The Cream Tea Café* we are on a mission to provide you with the freshest food possible, and so to help us in this quest, we make the vast majority of our food (including our bread) from scratch here in our kitchen. We source other ingredients from local suppliers to bring you the very best the area has to offer. Please ask us if you would like to know more.

**Food Allergies and Intolerances:** before you order your food and drinks, please speak to our staff if you would like to know about our ingredients.

## *Lunches*

<b>Soup of the Day</b>	£5.15
<i>served with bread and butter</i>	
<b>Quiche of the Day</b>	£8.95
<i>served with warm potatoes in a herb butter, salad and coleslaw</i>	
<b>Potted Smoked Mackerel</b>	£7.30
<i>served with toast, salad garnish and lemon wedges</i>	
<b>Cheese Plate</b>	£7.45
<i>local cheeses with bread, chutney, salad and coleslaw</i>	
<b>Cheese Ploughman's Sandwich "The Haymaker"</b>	£6.25
<i>with Quickes mature cheddar*, coleslaw and chutney, served with crisps and salad garnish</i>	
<b>Ham and Pickled Gherkin Sandwich "The Quiberon"</b>	£6.25
<i>with Dijon mustard, served with crisps and salad garnish</i>	
<b>Egg Sandwich "Mum's Favourite"</b>	£4.90
<i>egg mayonnaise and cress, served with crisps and salad garnish</i>	
<b>Cheese, Ham and Tomato Toastie "The Classic"</b>	£6.65
<i>with Quickes mature cheddar* and mayo, served with salad and coleslaw</i>	
<b>Blue Cheese and Chutney Toastie "Moody Blues"</b>	£6.65
<i>with Devon Blue cheese**, served with salad and coleslaw</i>	

\*Quickes mature cheddar is not suitable for vegetarians.

\*\*Devon Blue is suitable for vegetarians.

## *Light Bites*

*Great for little ones and little appetites, or if you just need a snack!*

<b>Ham Sandwich</b>	£3.85
<b>Cheese Sandwich or Toastie</b>	£3.60
<b>Jam Sandwich</b>	£2.70
<b>Packet of Salted Crisps</b>	£1.45
<b>Cheese Chunks</b>	£1.45
<b>Fresh Fruit Slices: banana, apple or orange</b>	£1.25
<b>Toasted Teacake</b>	£2.40
<b>Toast and Marmite, Jam, Honey or Marmalade</b>	<i>per slice</i> £1.80
<b>Toast and Butter</b>	<i>per slice</i> £1.55

## *Scones*

<b>Cream Tea</b>	£5.95
<i>two scones with clotted cream and jam and a pot of tea for one, or a coffee</i>	
<b>Mini Cream Tea</b>	£3.95
<i>one scone with clotted cream and jam and pot of tea for one, or a coffee</i>	
<b>Scone &amp; Butter</b>	£1.70
<b>Scone, Butter &amp; Jam</b>	£1.90

## *Cake and Sweet Treats*

We have a changing array of homemade cakes and teatime treats to tantalise your taste buds; please see the blackboard for today's offering.

## ***Stapleton Ice-Cream***

<b>Fudge Sundae</b>		£4.95
<i>local toffee ice-cream with chocolate fudge sauce and clotted cream</i>		
<b>Berry Sundae</b>		£4.95
<i>local vanilla ice-cream with berry compote and clotted cream</i>		
<b>Banana Split</b>		£5.50
<i>with vanilla ice-cream, clotted cream and either chocolate fudge sauce or berry compote</i>		
<b>Ice-Cream by the Scoop</b>	<i>toffee or vanilla</i>	£1.50
<b>Tub of Flavoured Ice-Cream</b>		£2.30

## ***Cold Drinks***

	<i>small</i>	<i>large</i>
<b>Banoffee Milkshake</b>	£1.60	£3.15
<b>Homemade Lemonade</b>	£1.20	£2.30
<b>Local Apple Juice</b>		£2.30
<b>Bradley's Orange Juice</b>		£2.30
<b>Bradley's Lime &amp; Ginger</b>		£2.30
<b>Bradley's Strawberry &amp; Elderflower</b>		£2.30
<b>Glass Bottle of Coca Cola or Diet Coke</b>		£2.15
<b>Sprite</b>		£1.45
<b>Fanta</b>		£1.45
<b>Ginger Beer</b>		£1.45
<b>Still or Sparkling Mineral Water</b>		£1.70
<b>Orange or Blackcurrant Squash</b>	75p	£1.45
<b>Milk</b>	75p	£1.45

## ***Tea***

*Our teas are brewed in the pot with loose leaves. Prices per person are:*

<b>Pot of Miles Original Blend or Decaffeinated</b>	£1.90
<b>Earl Grey</b>	£2.15
<b>Darjeeling</b>	£2.15
<b>Green Tea Sencha</b>	£2.15
<b>Red Berry</b>	£2.15
<b>Peppermint</b>	£2.15
<b>Rooibos</b>	£2.15
<b>Lemongrass &amp; Ginger</b>	£2.15
<b>Camomile</b>	£2.15

## ***Coffee and Chocolate***

*We use responsibly sourced coffee beans from Voyager Coffee.*

<b>Cafetière of coffee</b>		£3.95
	<i>small</i>	<i>large</i>
<b>Espresso</b>	£1.50	£2.05
<b>Americano</b>	£1.85	£2.25
<b>Americano with cream</b>	£2.05	£2.45
<b>Cappuccino</b>	£2.40	£2.80
<b>Latte</b>	£2.40	£2.80
<b>Mocha</b>	£2.60	£3.05
<b>Hot Chocolate</b>	£2.40	£2.80
<b>Chocoholic's Hot Chocolate</b>	£2.70	£3.05
<i>extra thick and rich chocolate blend with a hint of cinnamon</i>		